# TARGETED TEMPERATURE MANAGEMENT - Phase: Cooling Phase

	PHYSICIAN ORDERS			
Diagnos	Diagnosis			
Weight	Allergies			
	Place an "X" in the Orders column to designate orders of choice AN	ID an "x" in the specific order	detail box(es) where applicable.	
ORDER	ORDER DETAILS			
	Patient Care			
	***Recommended Start time of Re-Warming Phase is 24 hours after initi	_		
	Utilize cooling phase orders to achieve a goal CBT of 33 C (Range of 32	2.5 - 34 C) within 4-6 hours of R0	DSC.	
	Hypothermic Cooling Device  ☐ Device: Arctic Sun	☐ Device: Manual Cooling		
	Vital Signs ☐ Per Unit Standards, q15min until goal temperature then q1h afterward	d.		
	Patient Activity ☐ Bedrest, Bed Position: HOB Greater Than or Equal to 30 degrees			
	Apply Ice ☐ To: Neck, Groin, and Axillae., If Central Venous Catheter and/or Alsiu	s CoolGard Are not available at	ICU Admission.	
	IV Solutions			
	If using manual cooling method use NS chilled to 4 degrees C.			
	NS (Normal Saline)  □ IV, 75 mL/hr □ IV, 125 mL/hr □ IV, 200 mL/hr	☐ IV, 100 mL/hr ☐ IV, 150 mL/hr		
	NS (Cold Saline) ☐ 30 mL/kg, IVPB, ONE TIME, Infuse over 30 min			
	Laboratory			
	CBC with Differential ☐ Routine, T;N, q6h 24 hr			
	Prothrombin Time with INR ☐ Routine, T;N, q6h 24 hr			
	PTT ☐ Routine, T;N, q6h 24 hr			
	Basic Metabolic Panel ☐ Routine, T;N, q4h 24 hr			
	Calcium Level ☐ Routine, T;N, q6h 24 hr			
	Magnesium Level ☐ Routine, T;N, q6h 24 hr			
	Phosphorus Level ☐ Routine, T;N, q6h 24 hr			
	CK ☐ Routine, T;N, q6h 24 hr			
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Order Take	n by Signature:	Date	Time	
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# TARGETED TEMPERATURE MANAGEMENT - Phase: Cooling Phase

	PHYSICIAN ORDERS			
00055	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.			
ORDER	ORDER DETAILS <u>Troponin T High Sensitivity</u>			
	Routine, T;N, q6h for 24 hr			
	Culture Blood (Blood Culture) ☐ Blood, Timed, T;N+720			
	Lactic Acid Level ☐ Timed, T;N+720			
	Culture Blood (Blood Culture) ☐ Blood, Timed, T;N+735			
	Lactic Acid Level ☐ Timed, T;N+735			
	Culture Urine ☐ Urine, T;N+720			
	Culture Sputum with Gram Stain ☐ Sputum, Timed, T;N+720			
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Physician Signature:		Date	Time	

# TARGETED TEMPERATURE MANAGEMENT - Phase: Initial Orders

	PHYSICIAN ORDERS			
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.			
ORDER	ORDER DETAILS			
	Patient Care			
	Therapeutic Hypothermia Guidelines  ***Required to continue with ordering Plan.***			
	Strict Intake and Output ☐ q1h, throughout cooling and re-warming.			
	Set Up for Arterial Line Placement  Supplies at Bedside: Insertion Tray			
	Set Up for Central Line Placement  Other, Arctic Sun Pads, Supplies at Bedside: Insertion Tray			
	Insert Gastric Tube ☐ Nasogastric - NG, To: Low Intermittent Suction	☐ Orogastric - OG, To: Low Inte	ermittent Suction	
	If patient has existing NG/OG tube:			
	Maintain Gastric Tube  ☐ Maintain Nasogastric - NG, Low Intermittent Suction	☐ Maintain Orogastric - OG, Lo	w Intermittent Suction	
	Insert Urinary Catheter ☐ Foley, with CBT Monitor	☐ Criticore, for CBT Monitoring.		
	Monitoring			
	Core Body Temperature Monitoring  Utilize Bladder and Trans-Esophageal Thermometers for CBT. Devices should display a difference of less than 2 degress C.  Utilize 2 devices for CBT monitoring (bladder, trans-esophageal, rectal and/or PA catheter) Devices should display a difference of less than 2 degress C.			
	End Tidal CO2 Monitoring (ETCO2 Monitoring)			
	Communication			
	Notify Provider (Misc) Reason: Urine output less than 0.5 mL/kg/hr, recurrent cardiac arrhythmias, seizures, abnormal lab values, pupil changes, hemodynamic instability, bleeding and/or posturing.			
	Medications			
	Medication sentences are per dose. You will need to calculate a t	otal daily dose if needed.		
	.Medication Management  Start date T;N  ***DO NOT use electrolyte replacement meds.***  ***D/C all potassium replacements at least 1 hour prior to re-warming	ng.***		
	Laboratory			
	*** Baseline Labs MUST be performed if not previously done***			
	CBC □ STAT			
	Platelet Function Analysis Epinephrine ☐ STAT			
	Basic Metabolic Panel ☐ STAT			
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# TARGETED TEMPERATURE MANAGEMENT - Phase: Initial Orders

	PHYSICIAN ORDERS			
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.			
ORDER	ORDER DETAILS			
	Magnesium Level ☐ STAT			
	Phosphorus Level ☐ STAT			
	Arterial Blood Gas  STAT			
	Prothrombin Time with INR  STAT			
	PTT  ☐ STAT			
	D Dimer HS 500 (D-Dimer HS 500)  STAT			
	Fibrinogen Level  STAT			
	Consults/Referrals			
	Consult MD  ☐ Service: Other Critical Care, Reason: Arterial Line Placement and/or of Service: Other Critical Care, Reason: Alsius CoolGard Catheter Place			
	Additional Orders			
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# TARGETED TEMPERATURE MANAGEMENT - Phase: Re-Warming Phase

	PHYSICIAN ORDERS			
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.			
ORDER	R ORDER DETAILS	ORDER DETAILS		
	Patient Care			
	Target Re-Warming CBT is 37 C, to be obtained 12-16 hours after initiation of re	e-warming protocol (0.2	5 C per hour).	
	Vital Signs ☐ Per Unit Standards, q30 min during re-warming, then q1h for 12 hour following	Vital Signs  Per Unit Standards, q30 min during re-warming, then q1h for 12 hour following re-warming, then q12h.		
	Communication			
	Notify Nurse (DO NOT USE FOR MEDS)  Remove ice packs from patients body and dc additional cooling methods. Place 1-2 warm blankets on patient. Stop replacing blankets once 36.1 C is reached.			
	Notify Nurse (DO NOT USE FOR MEDS)  Monitor closely for rebound hyperthermia.			
	Notify Nurse (DO NOT USE FOR MEDS)  Keep warming pads in place for 48 hours after re-warming.			
	Medications	and a second second		
	Medication sentences are per dose. You will need to calculate a total daily dose if needed.  acetaminophen  ☐ 650 mg, per tube, liq, q4h, PRN pain-mild (scale 1-3), ORAL LIQUID  ***Do not exceed 4,000 mg of acetaminophen per day from all sources.***  ☐ 650 mg, PO, tab, q4h, PRN pain-mild (scale 1-3), ORAL TABLET  ***Do not exceed 4,000 mg of acetaminophen per day from all sources.***			
	acetaminophen  650 mg, per tube, liq, q6h, PRN fever, ORAL LIQUID  ***Do not exceed 4,000 mg of acetaminophen per day from all sources.***  650 mg, PO, tab, q6h, PRN fever, ORAL TABLET  ***Do not exceed 4,000 mg of acetaminophen per day from all sources.***			
	meperidine ☐ 12.5 mg, IVPush, inj, q5min, PRN shivering, x 2 dose Use of meperidine approved for shivering in hypothermia care.			
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# TARGETED TEMPERATURE MANAGEMENT - Phase: Shivering Maintenance Phase

	PHYSICIAN ORDERS		
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.		
ORDER	ORDER DETAILS		
	Communication		
	Notify Nurse (DO NOT USE FOR MEDS)  T;N, For BSAS 0-1, provide counter surface warming measures utilizing the counter surface warming the counter surface w	ng bear hugger	
	· ·		
	Medications  Medication sentences are per dose. You will need to calculate a total	al daily dose if needed.	
	busPIRone 5 mg, PO, tab, BID	•	
	meperidine 12.5 mg, IVPush, inj, q6h, PRN shivering		
	Continuous Infusion		
	Magnesium Sulfate Continuous 8 g/500 mL (Magnesium Sulfate Cont	tinuous 8 g/500 mL NS)	
	fentaNYL 1,000 mcg/100 mL NS - BSAS Titr (fentaNYL 1,000 mcg/100    IV, mcg/hr, Max titration: 25 mcg/hr 10 minutes, Max dose: 200 mcg/h  Start at rate:mcg/hr		
	dexmedetomidine 400 mcg/100 mL - BSAS Ti (dexmedetomidine 400 mcg/100 mL - BSAS Titratable)  IV, Max titration: 0.2 mcg/kg/hr every 30 minutes, Max dose: 1.5 mcg/kg/hr, 0 - No Shivering  Start at rate:mcg/kg/hr		
	propofol 1,000 mg/100 mL (Brand) - Titra (propofol 1,000 mg/100 mL (Brand) - Titratable)  IV, Max titration: 5 mcg/kg/min every 5 min, Max dose: 50 mcg/kg/min, Primary titration goal: BSAS = 0 No Shivering  Start at rate:mcg/kg/min		
	Laboratory		
	Magnesium Level		
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	PHYSICIAN ORDERS
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.
ORDER	ORDER DETAILS
	Patient Care
	Utilize the Richmond Agitation Sedation (Utilize the Richmond Agitation Sedation Scale)  □ ***See Reference Text***
	Perform Awakening Trial  Daily ***See Reference Text***
	ICU Pain/Agitation/Delirium Reference  ☐ ***See Reference Text***
	Brain Function Monitoring  ☐ 2 to 4 Channel EEG.
	Communication
	Notify Nurse (DO NOT USE FOR MEDS)  Assess patient's sedation and pain level every 4 hours.
	Medications
	Medication sentences are per dose. You will need to calculate a total daily dose if needed.  ***SEDATIVE MEDICATIONS SHOULD ONLY BE GIVEN AFTER PAIN IS ADEQUATELY CONTROLLED***
	If delirium noted give:
	· ·
	haloperidol  ☐ 5 mg, IVPush, inj, q2h, PRN agitation Notify physician if more than 100 mg is administered over 48 hours.
	Initial Dose
	Pain Meds
	morphine  2 mg, IVPush, inj, q10min, PRN pain-with sedation (scale 4-10) Administer until pain level is less than 4/10.
	fentaNYL  50 mcg, IVPush, inj, q10min, PRN pain-with sedation (scale 4-10) Administer until pain level is less than 4/10.
	HYDROmorphone  ☐ 0.25 mg, IVPush, inj, q5min, PRN pain-with sedation (scale 4-10) Administer until pain level is less than 4/10.
	Sedation Meds
	propofol  ☐ 25 mg, IVPush, inj, ONE TIME
	midazolam ☐ 2 mg, IVPush, inj, q20min, PRN sedation  ***Sedative medications should only be given after pain is adequately controlled***
	LORazepam  ☐ 2 mg, IVPush, inj, q20min, PRN sedation  ***Sedative medications should only be given after pain is adequately controlled***
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	PHYSIC	IAN ORDERS	
	Place an "X" in the Orders column to designate orders of choice	AND an "x" in the specific ord	er detail box(es) where applicable.
ORDER	ORDER DETAILS		
	ketamine  ☐ 4 mg/kg, IVPush, inj, ONE TIME  Infuse slowly with inotropes amiodarone or milrinone or patients tha  ☐ 5 mg/kg, IVPush, inj, ONE TIME  Infuse slowly with inotropes amiodarone or milrinone or patients tha  ☐ 6 mg/kg, IVPush, inj, ONE TIME  Infuse slowly with inotropes amiodarone or milrinone or patients that	at are hypertensive with a blood	pressure GREATER than 180/90.
	Intermittent Dose		
	Pain Meds  morphine  ☐ 2 mg, IVPush, inj, q2h, PRN pain-with sedation (scale 4-10)  To maintain pain level less than 4/10. May increase 1 mg every 2 ld  4 mg, IVPush, inj, q2h, PRN pain-with sedation (scale 4-10)  To maintain pain level less than 4/10.	nours to a maximum of 4 mg.	
	fentaNYL  50 mcg, IVPush, inj, q2h, PRN pain-with sedation (scale 4-10)  Administer to maintain pain level less than 4/10.		
	HYDROmorphone  ☐ 1 mg, IVPush, inj, q4h, PRN pain-with sedation (scale 4-10)  To maintain pain level less than 4/10.		
	Sedation Meds		
	midazolam ☐ 2 mg, IVPush, inj, q1h, PRN sedation  ***Sedative medications should only be given after pain is adequate	ely controlled***	
	LORazepam  ☐ 2 mg, IVPush, inj, q2h, PRN sedation  ***Sedative medications should only be given after pain is adequate	ely controlled***	
	Continuous Infusion		
	Pain Meds  morphine 100 mg/100 mL NS - Titratable  Start at rate:mg/hr  IV, Max titration: 1 mg/hr every 30 minutes, Max dose: 8 mg/hr Final concentration = 1 mg/mL.  ***Do NOT initiate infusion unless intermittent dosing has failed*** Continued on next page		
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	PHYSICIAN ORDERS			
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.			
ORDER	ORDER DETAILS			
	fentaNYL 1000 mcg/100 mL NS - Titratable  Start at rate: mcg/hr  IV, Max titration: 25 mcg/hr every 10 minutes, Max dose: 250 mcg/hr  Final concentration = 10 mcg/mL.  ***Do NOT initiate infusion unless intermittent dosing has failed***	r		
	HYDROmorphone 20 mg/100 mL NS - Titratab (HYDROmorphone 2  ☐ Start at rate:mg/hr ☐ IV, Max titration: 0.2 mg/hr every 30 minutes, Max dose: 3 mg/hr Final concentration = 0.2 mg/mL (200 mcg/mL).  ***Do NOT initiate infusion unless intermittent dosing has failed***	0 mg/100 mL NS - Titratable)		
	Sedation Meds			
	propofol 1,000 mg/100 mL - Titratable  IV, Max titration: 5 mcg/kg/min every 5 min, Max dose: 50 mcg/kg/m mg, Bolus Indication: for sedation Final concentration= 10 mg/mL (10,000 mcg/mL).  ***Sedative medications should only be given after pain is adequate  Start at rate:mcg/kg/min		eq: q2h, Bolus 4-hour Limit: 100	
	***Midazolam should NOT be used in patients with creatinine greater to	han 2 and/or for more than 72 ho	ours***	
	midazolam 100 mg/100 mL NS - Titratable Start at rate:mg/hr IV, Max titration: 1 mg/hr every 5 minutes, Max dose: 8 mg/hr Final concentration = 1 mg/mL (1,000 mcg/mL). ***Do NOT initiate infusion unless intermittent dosing has failed*** ***Sedative medications should only be given after pain is adequate	ly controlled***		
	LORazepam 40 mg/250 mL D5W - Titratable  Start at rate:mg/hr  IV, Max titration: 1 mg/hr every 10 minutes, Max dose: 8 mg/hr  Final concentration = 0.16 mg/mL (160 mcg/mL).  ***Do NOT initiate infusion unless intermittent dosing has failed***  ***Sedative medications should only be given after pain is adequate	ly controlled***		
	dexmedetomidine 400 mcg/100 mL - Titrata (dexmedetomidine 400 ☐ IV, Max titration: 0.1 mcg/kg/hr every 30 minutes, Max dose: 1.5 mc Final concentration = 4 mcg/mL.  ***Sedative medications should only be given after pain is adequate Continued on next page	g/kg/hr		
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	PHYSICIAN ORDERS			
	Place an "X" in the Orders column to designate orders of choice AND an	"x" in the specific order de	tail box(es) where applicable.	
ORDER	R ORDER DETAILS			
	Start at rate:mcg/kg/hr			
	ketamine 500 mg/100 mL NS - Titratable  Start at rate:mcg/kg/min  IV, Max titration: 2 mcg/kg/min every every 10 minutes, Max dose: 20 mcg/ Infuse slowly with inotropes amiodarone or milrinone or in patients that are	kg/min hypertensive.		
	Laboratory			
	***If patient remains on a propofol infusion after 48 hours monitor Triglycerides until propofol discontinued.***	s now and every 3 days		
	Triglycerides			
	Notify Provider (Misc) (Notify Provider of Results) Reason: Triglyceride Level greater than 400 mg/dL			
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# TARGETED TEMPERATURE MANAGEMENT - Phase: ICU PARALYTIC PLAN

	PHYSIC	IAN ORDERS	
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.		
ORDER	ORDER DETAILS		
	Patient Care		
	Apply Peripheral Nerve Stimulator		
	Brain Function Monitoring (Apply Brain Function Monitor)  ☐ Maintain from 45-60 for optimal range of sedation/anesthesia. Char optimal functioning of monitoring system	nge monitor strip every 24 hours to	maintain skin integrity and
	Guideline		
	Neuromuscular Blocking Agent Guidelines ☐ ***See Reference Text***		
	Medications  Medications	atal daily daga if was dad	
	Medication sentences are per dose. You will need to calculate a to ocular lubricant  ☐ 1 app, both eyes, ophth oint, as needed, PRN dry eyes	otal dally dose if needed.	
	Paralytic		
	***Do not perform wake up trials while patient is on paralytic***		
	vecuronium ☐ 0.08 mg/kg, IVPush, inj, ONE TIME	0.1 mg/kg, IVPush, inj, ONE	TIME
	vecuronium 100 mg/100 mL NS - Titratable  IV, Max titration: 0.1 mcg/kg/min every 10 min, Max dose: 1.7 mcg/kg/min every 10 mcg/mb.	kg/min	
	Do NOT turn off sedation while paralytic infusion is infusing  Start at rate:mcg/kg/min		
	cisatracurium ☐ 0.15 mg/kg, IVPush, inj, ONE TIME		
	cisatracurium 100 mg/250 mL NS - Titrata (cisatracurium 100 mg/2 IV, Max titration: 2 mcg/kg/min every 10 min, Max dose: 10 mcg/kg/Final concentration = 0.4 mg/mL (400 mcg/mL).		
	Do NOT turn off sedation while paralytic infusion is infusing  Start at rate:mcg/kg/min		
	rocuronium 0.6 mg/kg, IVPush, inj, ONE TIME	☐ 1 mg/kg, IVPush, inj, ONE T	IME
	rocuronium 100 mg/100 mL NS - Titratable  IV, Max titration: 1 mcg/kg/min every 2 min, Max dose: 16 mcg/kg/m Final concentration = 1 mg/mL (1,000 mcg/mL).  Do NOT turn off sedation while paralytic infusion is infusing	nin	
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# TARGETED TEMPERATURE MANAGEMENT - Phase: ICU PARALYTIC PLAN

	PHYSICIAN ORDERS  Place an "Y" in the Orders column to designate orders of choice AND an "Y" in the specific order detail boy(es) where applicable			
ORDER	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.  ORDER DETAILS			
ONDEN	Start at rate:mcg/kg/min			
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# TARGETED TEMPERATURE MANAGEMENT - Phase: INSULIN DRIP PLAN NON DKA

	PHYSICIAN	ORDERS			
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.				
ORDER	ORDER DETAILS				
	Patient Care				
	Insulin Drip Protocol  ***See Reference Text***				
	LOW Target Blood Glucose ☐ 120 mg/dL [	☐ 140 mg/dL			
	HIGH Target Blood Glucose  ☐ 140 mg/dL ☐ 180 mg/dL	☐ 160 mg/dL			
	POC Blood Sugar Check ☐ q1h, by fingerstick, CVL, or arterial line. DO NOT alternate sites without Physician approval.				
	Communication				
	Notify Provider (Misc) (Notify Provider of Results)  Reason: Blood Glucose less than 60 mg/dL or greater than 200 mg/dL	, also notify if two consecutive B0	G's less than 70 mg/dL.		
	Notify Provider (Misc) Reason: If other physicians order insulin subQ, IV, or in TPN, feedings turn off drip for any reason.	are started, stopped, or changed	l, or if other physicans		
	Notify Provider (Misc)  T;N, Reason: If multiplier remains stable for 8 consecutive hours, cons	ider transition to long acting insul	in		
	Notify Nurse (DO NOT USE FOR MEDS)  Obtain Serum Blood Glucose if Accucheck is less than 40 mg/dL or greater than 450 mg/dL. However, do not wait for lab results to treat glucose level according to the orders for hypoglycemia				
	Medications	I doily doop if pooded			
	Medication sentences are per dose. You will need to calculate a total insulin R 100 units/100 mL NS  ☐ IV Insulin Drip Formula: (BG - 60) x 0.03 = number of UNITS insulin/hour  BG = Current Blood Glucose	•			
	0.03 = "multiplier"  Start at rate: units/hr				
	glucose (D50)  25 g, IVPush, syringe, as needed, PRN low blood sugar  If blood glucose is less than 60 mg/dL, administer 25 g D50W. Recheck level in 15 minutes. Repeat dose if still less than 60 mg/dL and contact provider.  Continued on next page				
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# TARGETED TEMPERATURE MANAGEMENT - Phase: INSULIN DRIP PLAN NON DKA

	PHYSICIAN ORDERS				
	Place an "X" in the Orders column to designate orders of choice AND an "x" in the specific order detail box(es) where applicable.				
ORDER	ORDER DETAILS				
	To determine the insulin glargine (Lantus) dose, average the last 8 hours of the insulin drip to units per hour. Multiply this times 20.				
	***If insulin glargine (Lantus) dose is greater than 60 units, the dose should be split in half and given BID.  One injection should not be more than 60 units.***				
	insulin glargine  ☐ units, subcut, inj, Daily  Administer the initial dose of Lantus 2 hours PRIOR to discontinuing the insulin drip. Dose to be reassessed by physician every 24 hours.  ☐ units, subcut, inj, BID  Administer the initial dose of Lantus 2 hours PRIOR to discontinuing the insulin drip. Dose to be reassessed by physician every 24 hours.				
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